

2021-22

# Benefits Summary

Piute School District

Look inside for important information about how to use your PEHP benefits.



**PEHP**  
Health & Benefits

PROUDLY SERVING UTAH PUBLIC EMPLOYEES





# Piute School District

## 2021-22

### Piute School District Benefits Summary

#### **PIUTE SCHOOL DISTRICT**

Benefits Summary

Effective September 2021

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This Benefits Summary should be used in conjunction with the PEHP Master Policy. It contains information that only applies to PEHP subscribers who are employed by Piute School District employers and their eligible dependents. Members of any other PEHP plan should refer to the applicable publications for their coverage.

It is important to familiarize yourself with the information provided in this Benefits Summary and the PEHP Master Policy to best utilize your medical plan. The Master Policy is available by calling PEHP. You may also view it at [www.pehp.org](http://www.pehp.org).

This Benefits Summary is for informational purposes only and is intended to give a general overview of the benefits available under those sections of PEHP designated on the front cover. This Benefits Summary is not a legal document and does not create or address all of the benefits and/or rights and obligations of PEHP.

The PEHP Master Policy, which creates the rights and obligations of PEHP and its members, is available upon request from PEHP and online at [www.pehp.org](http://www.pehp.org). All questions concerning rights and obligations regarding your PEHP plan should be directed to PEHP.

The information in this Benefits Summary is distributed on an "as is" basis, without warranty. While every precaution has been taken in the preparation of this Benefits Summary, PEHP shall not incur any liability due to loss, or damage caused or alleged to be caused, directly or indirectly by the information contained in this Benefits Summary.

The information in this Benefits Summary is intended as a service to members of PEHP. While this information may be copied and used for your personal benefit, it is not to be used for commercial gain.

The employers participating with PEHP are not agents of PEHP and do not have the authority to represent or bind PEHP.

7-9-21

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# Welcome to PEHP

This Benefits Summary contains important information on how best to use PEHP’s comprehensive benefits.

Please contact the following PEHP departments or affiliates if you have questions.

**ON THE WEB**

.....[www.pehp.org](http://www.pehp.org)

Create a PEHP for Members account at [www.pehp.org](http://www.pehp.org) to review your claims history, get important information through our Message Center, see a comprehensive list of your coverages, find and compare providers in your network, access Healthy Utah rebate information, check your FLEX\$ account balance, and more.

**CUSTOMER SERVICE/  
HEALTH BENEFITS ADVISORS**

..... 801-366-7555  
..... or 800-765-7347

Weekdays from 8 a.m. to 5:30 p.m.  
Have your PEHP ID or Social Security number on hand for faster service. Foreign language assistance available.

**PREAUTHORIZATION**

» Inpatient Hospital Preauthorization..... 801-366-7755  
..... or 800-753-7754

**PRESCRIPTION DRUG BENEFITS**

Piute School District drug benefits are administered by Express Scripts

» Express Scripts Member Services ..... 877-817-1436

**SPECIALTY PHARMACY**

» Accredo ..... 800-501-7260

**WELLNESS AND CARE MANAGEMENT**

» PEHP Healthy Utah ..... 801-366-7300  
..... or 855-366-7300  
.....[www.pehp.org/healthyutah](http://www.pehp.org/healthyutah)

» PEHP Health Coaching ..... 801-366-7300  
..... or 855-366-7300

» PEHP WeeCare..... 801-366-7400  
..... or 855-366-7400  
.....[www.pehp.org/wellness/weecare](http://www.pehp.org/wellness/weecare)

» PEHP Care Management (Ask for Member Services Nurse)  
..... 801-366-7555  
..... or 800-765-7347

**VALUE-ADDED BENEFITS**

» PEHPplus.....[www.pehp.org/plus](http://www.pehp.org/plus)

**ONLINE ENROLLMENT HELP LINE**

..... 801-366-7410  
..... or 800-753-7410

**CLAIMS MAILING ADDRESS**

PEHP  
560 East 200 South  
Salt Lake City, Utah 84102-2004

# Find More at [www.pehp.org](http://www.pehp.org)

## PEHP Value Clinics

**Convenient and Affordable** » These full-service clinics provide all the services of a family doctor or dentist, but at a lower cost. [Learn More](#)

## Connect Care

**A Faster, Easier Way to See a Doctor** » See a doctor via mobile or web. It's available 24 hours a day, every day, and you don't need an appointment. Use Intermountain Connect Care for fevers, ear infections, cold, flu, allergies, migraines, pinkeye, stomach pain, and much more. [Learn More](#)

## Your Network and Your Money

**Get the Most out of Your Healthcare Dollars** » Get the best benefit by visiting doctors, hospitals, and other providers contracted in your network. Otherwise, you could be on the hook for unnecessary large bills. [Learn More](#)

## Know Before You Go

**Four Simple Steps** » As healthcare gets costlier and more complex, carefully consider where and how you get care to maximize your PEHP benefits. "Know Before You Go" — that means taking a few simple steps beforehand to assure you get the right care, at the best value, and avoid the nasty surprise of an unnecessary large bill. [Learn More](#)

## Out-of-Network Benefits

**Know Your Network** » Some PEHP plans pay benefits for out-of-network providers. However, PEHP doesn't pay for any services from certain providers, regardless if you have an out-of network benefit. [Learn More](#)

## Find a Provider

Looking for a provider, clinic, or facility that is contracted with your plan? Look no farther than [www.pehp.org](http://www.pehp.org). Log in to PEHP for Members to search for providers by name, specialty, or location.

Click [here](#) for a list of hospitals in your medical network.

# Understanding In-Network Providers

It's important to understand the difference between in-network and out-of-network providers and how the In-Network Rate works to avoid unexpected charges.

## In-Network Rate

Doctors and facilities contracted in your network — in-network providers — have agreed not to charge more than PEHP's In-Network Rate for specific services. Your benefits are often described as a percentage of the In-Network Rate. With in-network providers, you pay a predictable amount of the bill: the remaining percentage of the In-Network Rate. For example, if PEHP pays your benefit at 80% of In-Network Rate, your portion of the bill generally won't exceed 20% of the In-Network Rate.

## Balance Billing

It's a different story with out-of-network providers. They may charge more than the In-Network Rate unless they have an agreement with you not to. These doctors and facilities, who aren't a part of your network, have no pricing agreement with PEHP. The portion of the benefit PEHP pays is based on what we would pay a n in-network provider. You'll be billed the full amount that the provider charges above the In-Network Rate. This is called "balance billing."

Understand that charges to you may be substantial if you see an out-of-network provider. Your plan generally pays a smaller percentage of the In-Network Rate, and you'll also be billed for any amount charged above the In-Network Rate.

## Negotiate a Price

**Don't get Balance Billed:** Although non-contracted providers are under no obligation to charge within the In-Network Rate, consider negotiating the price before you receive the service to avoid being balance billed.

The amount you pay for charges above the In-Network Rate won't apply to your deductible or out-of-pocket maximum.

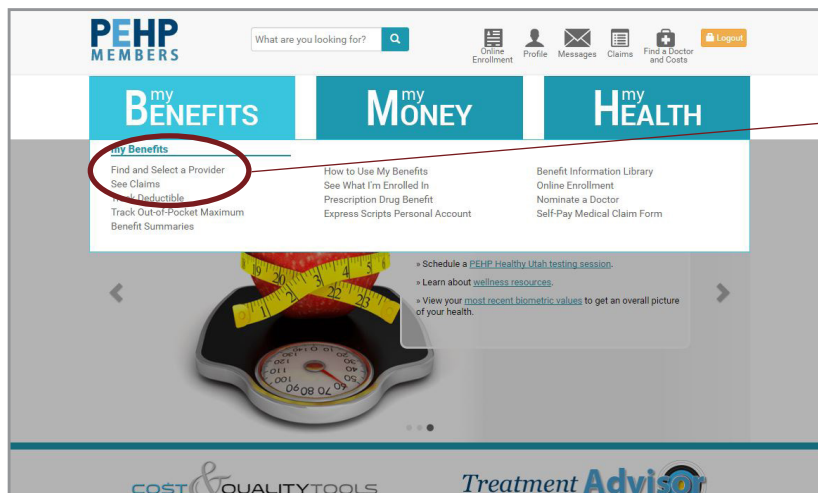
## Consider Your Options

Carefully choose your network based on the group of medical providers you prefer or are more likely to see. See the Medical Networks comparison in this book or go to [www.pehp.org](http://www.pehp.org) and log in to PEHP for Members to see which network includes your doctors.

Ask questions before you get medical care. Make sure every person and every facility involved is contracted in your network.

Although out-of-network providers are under no obligation to charge within the In-Network Rate, consider negotiating the price before you receive the service to avoid being balance billed.

[Learn More » Your Network and Your Money](#)



Go to [www.pehp.org](http://www.pehp.org), log into PEHP for Members, and click on *Find and Select a Provider* under the *myBenefits* menu to find a doctor or facility in your network.

# Understanding Your Benefits Grid

**DEDUCTIBLES, PLAN MAXIMUMS, AND LIMITS**

<b>Plan year Deductible</b> <i>Applies to Out-of-Pocket Maximum</i>	1	Single plans: \$750 Double/family plans: \$750 per person <i>One person cannot meet more than \$750</i>
<b>Plan year Out-of-Pocket Maximum**</b>	2	Single plans: \$5,000 Double/family plans: \$5,000 per person <i>One person cannot meet more than \$5,000</i>
<b>ANNUAL PREVENTIVE CARE</b>		
<b>Preventive services allowed by Affordable Care Act</b> <i>Annual physical exam, immunizations.</i>		No charge

**1 MEDICAL DEDUCTIBLE**  
The set dollar amount that you must pay for yourself and/or your family members before PEHP begins to pay for covered medical benefits. Some plans might also have a separate pharmacy deductible.

**2 PLAN YEAR OUT-OF-POCKET MAXIMUM**  
The maximum dollar amount that you and/or your family pays each year for covered medical services in the form of copayments and coinsurance (and deductibles for STAR plans). Some plans might also have separate out-of-pocket maximums for mental health & substance abuse and for specialty drug charges.

## CO-PAY

A specific amount you pay directly to a provider when you receive covered services. This can be either a fixed dollar amount or a percentage of the PEHP In-Network Rate.

## IN-NETWORK

In-network benefits apply when you receive covered services from in-network providers. You are responsible to pay the applicable copayment.

## OUT-OF-NETWORK

If your plan allows the use of out-of-network providers, out-of-network benefits apply when you receive covered services. You are responsible to pay the applicable co-pay, plus the difference between the billed amount and PEHP's In-Network Rate.

## IN-NETWORK RATE

The amount in-network providers have agreed to accept as payment in full. If you use an out-of-network provider, you will be responsible to pay your portion of the costs as well as the difference between what the provider bills and the In-Network Rate (balance billing). In this case, the allowed amount is based on our in-network rates for the same service.

*For more definitions, please see the Master Policy.*





MEDICAL BENEFITS GRID: WHAT YOU PAY

Refer to the Master Policy for specific criteria for the benefits listed below, as well as information on limitations and exclusions.

**Percentages indicate your share of PEHP's In-Network Rate.**

	In-Network Provider	Out-of-Network Provider*
<b>DEDUCTIBLES, PLAN MAXIMUMS, AND LIMITS</b>		
<b>Plan year Deductible</b> <i>Applies to Out-of-Pocket Maximum</i>	None	Single plans: \$500 Double/family plans: \$500 per person, \$1,000 per family <i>One person cannot meet more than \$500</i>
<b>Plan year Out-of-Pocket Maximum</b> <i>Please refer to the Master Policy for exceptions to the Out-of-Pocket Maximum</i>	Single plans: \$3,500 Double/family plans: \$3,500 per person, \$7,000 per family <i>One person cannot meet more than \$3,500</i>	Single plans: \$7,500 Double/family plans: \$7,500 per person, \$15,000 per family <i>One person cannot meet more than \$7,500</i>
<b>ANNUAL PREVENTIVE CARE</b>		
<b>Preventive services allowed by Affordable Care Act</b> <i>Annual physical exam, immunizations. See full list at <a href="http://www.pehp.org/members/preventive">www.pehp.org/members/preventive</a></i>	No charge	Not covered
<b>Routine Vision Exams</b>   1 visit per year	Applicable office co-pay per visit	Not covered
<b>Routine Hearing Exams</b>   1 visit per year	Applicable office co-pay per visit	Not covered
<b>PROFESSIONAL SERVICES</b>		
<b>PEHP e-Care</b>	<b>Medical:</b> \$10 co-pay per visit. <b>Mental Health:</b> Standard benefits apply	Not applicable
<b>PEHP Value Clinics</b>	\$10 co-pay per visit	Not applicable
<b>Primary Care Office Visits</b>   <i>Includes office surgeries</i>	\$20 co-pay per visit	40% after deductible
<b>Specialist Office Visits</b>   <i>Includes office surgeries</i>	\$40 co-pay per visit	40% after deductible
<b>Inpatient Physician Visits</b>	10%	40% after deductible
<b>Surgery and Anesthesia</b>	10%	40% after deductible
<b>Emergency Room Specialist Visits</b>	10%	10% plus any balance billing
<b>Diagnostic Tests, Labs, X-rays</b>	10%	40% after deductible
<b>Mental Health/Substance Abuse</b> <i>No Preauthorization for outpatient services. Inpatient services require Preauthorization. Outpatient services limited to 20 visits per plan year</i>	<b>Inpatient:</b> 20% <b>Outpatient:</b> 20%	<b>Inpatient:</b> 40% after deductible <b>Outpatient:</b> 40% after deductible
<b>PRESCRIPTION DRUGS</b>		
<b>30-day Pharmacy</b> <i>Retail only</i>	<b>Tier 1:</b> \$15 co-pay <b>Tier 2:</b> 25% of discounted cost. \$30 minimum, \$90 maximum co-pay <b>Tier 3:</b> 50% of discounted cost. \$55 minimum, \$200 maximum co-pay	Plan pays up to discounted cost, minus the applicable co-pay. Member pays any balance
<b>90-day Pharmacy</b> <i>Maintenance only</i>	<b>Tier 1:</b> \$25 co-pay <b>Tier 2:</b> 25% of discounted cost. \$50 minimum, \$150 maximum co-pay <b>Tier 3:</b> 50% of discounted cost. \$100 minimum, \$200 maximum co-pay	Not covered

In- and Out-of-Network deductibles and Out-of-Pocket Maximums are combined and accumulate together.

\*Out-of-Network providers may charge more than the In-Network Rate unless they have an agreement with you not to. Any amount above the In-Network Rate may be billed to you and will not count toward your deductible or out-of-pocket maximum.

Piute School District 2021-22 » Medical Benefits Grid » Gold Plan

	In-Network Provider	Out-of-Network Provider*
<b>SPECIALTY DRUGS</b>		
<b>Specialty Medications, retail pharmacy</b> <i>Up to 30-day supply</i>	<b>Tier A:</b> 20%. No maximum co-pay <b>Tier B:</b> 30%. No maximum co-pay	Plan pays up to discounted cost, minus the applicable co-pay. Member pays any balance
<b>Specialty Medications, office/outpatient</b> <i>Up to 30-day supply</i>	<b>Tier A:</b> 20%. No maximum co-pay <b>Tier B:</b> 30%. No maximum co-pay	<b>Tier A:</b> 40% after deductible. No maximum co-pay <b>Tier B:</b> 50% after deductible. No maximum co-pay
<b>Specialty Medications, through specialty vendor Accredo</b> <i>Up to 30-day supply</i>	<b>Tier A:</b> 20%. \$150 maximum co-pay <b>Tier B:</b> 30%. \$225 maximum co-pay <b>Tier C:</b> 20%. No maximum co-pay	Not covered
<b>OUTPATIENT FACILITY SERVICES</b>		
<b>Ambulatory Surgical Center</b>	10% and \$250 co-pay per visit	40% after deductible and \$250 co-pay per visit
<b>Urgent Care Facility</b>	\$30 co-pay per visit	40% after deductible
<b>Emergency Room</b> <i>Medical emergencies only, as determined by PEHP. If admitted, inpatient facility benefit will be applied</i>	10% and \$150 co-pay	10% and \$150 co-pay plus any balance billing
<b>Ambulance (ground or air)</b> <i>Medical emergencies only, as determined by PEHP</i>	10%	10% plus any balance billing
<b>Diagnostic Tests, Labs, X-rays</b>	10%	40% after deductible
<b>Chemotherapy, Radiation, and Dialysis</b> <i>Dialysis from out-of-network provider requires Preauthorization.</i>	10%	40% after deductible
<b>Physical and Occupational Therapy</b> <i>Outpatient – Up to 20 combined visits per plan year. No Preauthorization required.</i>	Applicable co-pay per visit	40% after deductible
<b>INPATIENT FACILITY SERVICES</b>		
<b>Medical &amp; Surgical</b> <i>All out-of-network facilities and some in-network facilities require preauthorization. See Master Policy for details</i>	10% and \$500 co-pay	40% after deductible and \$500 co-pay
<b>Skilled Nursing Facility</b> <i>Non-custodial. Up to 60 days per plan year. Requires preauthorization</i>	10% and \$500 co-pay	40% after deductible and \$500 co-pay
<b>Hospice</b>	10%	40% after deductible
<b>Rehabilitation</b> <i>Up to 45 days per plan year. Requires preauthorization</i>	10% and \$500 co-pay	40% after deductible and \$500 co-pay
<b>Mental Health &amp; Substance Abuse</b> <i>Requires Preauthorization</i>	20%	40% after deductible

Piute School District 2021-22 » Medical Benefits Grid » Gold Plan

	In-Network Provider	Out-of-Network Provider*
<b>MISCELLANEOUS SERVICES</b>		
<b>Adoption</b>   <i>See Master Policy for benefit limits</i>	10% up to \$4,000 per adoption	
<b>Allergy Serum</b>	10%	40% after deductible
<b>Chiropractic care</b>   <i>Up to 20 visits per plan year</i>	\$40 co-pay per visit	Not covered
<b>Durable Medical Equipment</b> <i>Except for oxygen and Sleep Disorder Equipment, certain DME over \$750, rentals that exceed 60 days, or as indicated in Appendix A of the Summary require preauthorization. See Master Policy for benefit limits</i>	20%	40% after deductible
<b>Medical Supplies</b> <i>See the Master Policy for benefit limits</i>	20%	40% after deductible
<b>Hearing Aids</b>   <i>Requires Preauthorization. Up to one pair of hearing aids every three years</i>	20%	Not covered
<b>Home Health/Skilled Nursing</b> <i>Up to 60 visits per plan year. Requires Preauthorization</i>	10%	40% after deductible
<b>Injections</b>	<b>Under \$50:</b> No charge <b>Over \$50:</b> 20%	40% after deductible
<b>Infertility Services**</b>   <i>Select services only. See Master Policy for details. Up to \$1,500 per plan year. \$5,000 Lifetime Maximum</i>	50%	50% after deductible
<b>Temporomandibular Joint Dysfunction</b>   <i>Non-surgical</i>	Not covered	Not covered
<b>Missing Teeth for Dental Accident or Certain Medical Conditions</b> <i>Three or more missing teeth at a time, and per lifetime. Requires preauthorization. Dental benefits may apply</i>	10%	10% plus any balance billing

\*\*Does not apply to the out-of-pocket maximum.



MEDICAL BENEFITS GRID: WHAT YOU PAY

Refer to the Master Policy for specific criteria for the benefits listed below, as well as information on limitations and exclusions.

**Percentages indicate your share of PEHP's In-Network Rate.**

Preferred	In-Network Provider	Out-of-Network Provider*
<b>DEDUCTIBLES, PLAN MAXIMUMS, AND LIMITS</b>		
<b>Plan year Deductible</b> <i>Applies to Out-of-Pocket Maximum</i>	Single plans: \$200 Double/family plans: \$200 per person, \$600 per family <i>One person cannot meet more than \$200</i>	Single plans: \$500 Double/family plans: \$500 per person, \$1,000 per family <i>One person cannot meet more than \$500</i>
<b>Plan year Out-of-Pocket Maximum</b> <i>Please refer to the Master Policy for exceptions to the Out-of-Pocket Maximum</i>	Single plans: \$4,500 Double/family plans: \$4,500 per person, \$9,200 per family <i>One person cannot meet more than \$4,500</i>	Single plans: \$8,500 Double/family plans: \$8,500 per person, \$17,000 per family <i>One person cannot meet more than \$8,500</i>
<b>ANNUAL PREVENTIVE CARE</b>		
<b>Preventive services allowed by Affordable Care Act</b> <i>Annual physical exam, immunizations. See full list at <a href="http://www.pehp.org/members/preventive">www.pehp.org/members/preventive</a></i>	No charge	Not covered
<b>Routine Vision Exams</b>   1 visit per year	No charge	No charge plus any balance billing
<b>Routine Hearing Exams</b>   1 visit per year	Applicable office co-pay per visit	Not covered
<b>PROFESSIONAL SERVICES</b>		
<b>PEHP e-Care</b>	<b>Medical:</b> \$10 co-pay per visit. <b>Mental Health:</b> Standard benefits apply	Not applicable
<b>PEHP Value Clinics</b>	\$10 co-pay per visit	Not applicable
<b>Primary Care Office Visits</b>   <i>Includes office surgeries</i>	20% after deductible	40% after deductible
<b>Specialist Office Visits</b>   <i>Includes office surgeries</i>	20% after deductible	40% after deductible
<b>Inpatient Physician Visits</b>	20% after deductible	40% after deductible
<b>Surgery and Anesthesia</b>	20% after deductible	40% after deductible
<b>Emergency Room Specialist Visits</b>	20% after deductible	20% after deductible plus any balance billing
<b>Diagnostic Tests, Labs, X-rays</b>	20% after deductible	40% after deductible
<b>Mental Health/Substance Abuse</b> <i>No Preauthorization for outpatient services. Inpatient services require Preauthorization. Outpatient services limited to 20 visits per plan year</i>	<b>Inpatient:</b> 20% after deductible <b>Outpatient:</b> 20% after deductible	<b>Inpatient:</b> 40% after deductible <b>Outpatient:</b> 40% after deductible
<b>PRESCRIPTION DRUGS</b>		
<b>30-day Pharmacy</b> <i>Retail only</i>	<b>Tier 1:</b> \$15 co-pay <b>Tier 2:</b> 25% of discounted cost. \$30 minimum, \$90 maximum co-pay <b>Tier 3:</b> 50% of discounted cost. \$55 minimum, \$200 maximum co-pay	Plan pays up to discounted cost, minus the applicable co-pay. Member pays any balance
<b>90-day Pharmacy</b> <i>Maintenance only</i>	<b>Tier 1:</b> \$25 co-pay <b>Tier 2:</b> 25% of discounted cost. \$50 minimum, \$150 maximum co-pay <b>Tier 3:</b> 50% of discounted cost. \$100 minimum, \$200 maximum co-pay	Not covered

In- and Out-of-Network deductibles and Out-of-Pocket Maximums are combined and accumulate together.

\*Out-of-Network providers may charge more than the In-Network Rate unless they have an agreement with you not to. Any amount above the In-Network Rate may be billed to you and will not count toward your deductible or out-of-pocket maximum.

## Piute School District 2021-22 » Medical Benefits Grid » Silver Plan

	In-Network Provider	Out-of-Network Provider*
<b>SPECIALTY DRUGS</b>		
<b>Specialty Medications, retail pharmacy</b> <i>Up to 30-day supply</i>	<b>Tier A:</b> 20%. No maximum co-pay <b>Tier B:</b> 30%. No maximum co-pay	Plan pays up to discounted cost, minus the applicable co-pay. Member pays any balance
<b>Specialty Medications, office/outpatient</b> <i>Up to 30-day supply</i>	<b>Tier A:</b> 20% of In-Network Rate AD. No maximum co-pay <b>Tier B:</b> 30% of In-Network Rate AD. No maximum co-pay	<b>Tier A:</b> 40% after deductible. No maximum co-pay <b>Tier B:</b> 50% after deductible. No maximum co-pay
<b>Specialty Medications, through specialty vendor Accredo</b> <i>Up to 30-day supply</i>	<b>Tier A:</b> 20%. \$150 maximum co-pay <b>Tier B:</b> 30%. \$225 maximum co-pay <b>Tier C:</b> 20%. No maximum co-pay	Not covered
<b>OUTPATIENT FACILITY SERVICES</b>		
<b>Ambulatory Surgical Center</b>	20% after deductible and \$250 co-pay per visit	40% after deductible and \$250 co-pay per visit
<b>Urgent Care Facility</b>	20% after deductible	40% after deductible
<b>Emergency Room</b> <i>Medical emergencies only, as determined by PEHP. If admitted, inpatient facility benefit will be applied</i>	20% after deductible and \$150 co-pay	20% after deductible and \$150 co-pay plus any balance billing
<b>Ambulance (ground or air)</b> <i>Medical emergencies only, as determined by PEHP</i>	20% after deductible	20% after deductible plus any balance billing
<b>Diagnostic Tests, Labs, X-rays</b>	20% after deductible	40% after deductible
<b>Chemotherapy, Radiation, and Dialysis</b> <i>Dialysis from out-of-network provider requires Preauthorization.</i>	20% after deductible	40% after deductible
<b>Physical and Occupational Therapy</b> <i>Outpatient – Up to 20 combined visits per plan year. No Preauthorization required.</i>	20% after deductible	40% after deductible
<b>INPATIENT FACILITY SERVICES</b>		
<b>Medical &amp; Surgical</b> <i>All out-of-network facilities and some in-network facilities require preauthorization. See Master Policy for details</i>	20% after deductible and \$500 co-pay	40% after deductible and \$500 co-pay
<b>Skilled Nursing Facility</b> <i>Non-custodial. Up to 60 days per plan year. Requires preauthorization</i>	20% after deductible and \$500 co-pay	40% after deductible and \$500 co-pay
<b>Hospice</b>	20% after deductible	40% after deductible
<b>Rehabilitation</b> <i>Up to 45 days per plan year. Requires preauthorization.</i>	20% after deductible and \$500 co-pay	40% after deductible and \$500 co-pay
<b>Mental Health &amp; Substance Abuse</b> <i>Requires Preauthorization</i>	20% after deductible	40% after deductible

**Piute School District 2021-22 » Medical Benefits Grid » Silver Plan**

	<b>In-Network Provider</b>	<b>Out-of-Network Provider*</b>
<b>MISCELLANEOUS SERVICES</b>		
<b>Adoption</b>   <i>See Master Policy for benefit limits</i>	20% after deductible up to \$4,000 per adoption	
<b>Allergy Serum</b>	20% after deductible	40% after deductible
<b>Chiropractic care</b>   <i>Up to 20 visits per plan year</i>	20% after deductible	Not covered
<b>Durable Medical Equipment</b> <i>Except for oxygen and Sleep Disorder Equipment, certain DME over \$750, rentals that exceed 60 days, or as indicated in Appendix A of the Summary require preauthorization. See Master Policy for benefit limits</i>	20% after deductible	40% after deductible
<b>Medical Supplies</b> <i>See the Master Policy for benefit limits</i>	20% after deductible	40% after deductible
<b>Hearing Aids</b>   <i>Requires Preauthorization. Up to one pair of hearing aids every three years</i>	20% after deductible	Not covered
<b>Home Health/Skilled Nursing</b> <i>Up to 60 visits per plan year. Requires Preauthorization</i>	20% after deductible	40% after deductible
<b>Injections</b>	20% after deductible	40% after deductible
<b>Infertility Services**</b>   <i>Select services only. See Master Policy for details. Up to \$1,500 per plan year. \$5,000 Lifetime Maximum</i>	50% after deductible	50% after deductible
<b>Temporomandibular Joint Dysfunction</b>   <i>Non-surgical</i>	Not covered	Not covered
<b>Missing Teeth for Dental Accident or Certain Medical Conditions</b> <i>Three or more missing teeth at a time, and per lifetime. Requires preauthorization. Dental benefits may apply</i>	20% after deductible	20% after deductible plus any balance billing

# Wellness and Value-Added Benefits

## PEHP Healthy Utah

PEHP Healthy Utah is an employee health promotion program aimed at enhancing the well-being of members by increasing awareness of health risks and providing support in making health-related lifestyle changes. PEHP Healthy Utah offers a variety of programs, services, cash incentives, and resources to help members get and stay well.

Subscribers and their spouses are eligible to attend one Healthy Utah biometric testing session each plan year. PEHP Healthy Utah is offered at the discretion of the employer.

### FOR MORE INFORMATION

PEHP Healthy Utah

801-366-7300 or 855-366-7300

- » Email: [healthyutah@pehp.org](mailto:healthyutah@pehp.org)
- » Web: [www.pehp.org/healthyutah](http://www.pehp.org/healthyutah)

## PEHP WeeCare

PEHP WeeCare is a pregnancy and postpartum program provided to support and educate PEHP members. PEHP WeeCare's goal is to help expectant mothers have the healthiest and safest pregnancy possible. Members can enroll online at any time during pregnancy.

Cash incentives are available for enrolling. While PEHP WeeCare is not intended to take the place of your doctor, it's another resource for answers to questions during pregnancy.

### FOR MORE INFORMATION

PEHP WeeCare

P.O. Box 3503

Salt Lake City, Utah 84110-3503

801-366-7400 | 855-366-7400

- » E-mail: [weecare@pehp.org](mailto:weecare@pehp.org)
- » Web: [www.pehp.org/wellness/weecare](http://www.pehp.org/wellness/weecare)

## PEHP Health Coaching

This lifestyle behavior change program provides education, support, and accountability to help you succeed in meeting your health and weight management goals. Available to members, spouses and dependents age 6 and older.

### FOR MORE INFORMATION

PEHP Health Coaching

801-366-7300 | 855-366-7300

- » E-mail: [healthcoaching@pehp.org](mailto:healthcoaching@pehp.org)
- » Web: [www.pehp.org/wellness/healthcoaching](http://www.pehp.org/wellness/healthcoaching)

## PEHP Plus

PEHPplus provides savings of up to 60 percent on a wide assortment of healthy lifestyle products and services, such as eyewear, gyms, Lasik, and hearing. We're frequently adding new discounts.

- » Web: [www.pehp.org/pehpplus](http://www.pehp.org/pehpplus)

*\*FICA tax may be withheld from all wellness rebates. This will slightly lower any amount you receive. PEHP will mail additional tax information to you after you receive your rebate. Consult your tax advisor if you have any questions.*



# myWellness Tracker



**myWellness Tracker** is a wellness tracking program for you and your PEHP-insured spouse. The goal of the program is to help you create or sustain healthy habits – and get rewarded for it!

## How does it work?

myWellness Tracker, based on the WellRight digital platform, is used to create fun and engaging health and wellness challenges. It helps you stay motivated and improve your overall wellbeing. Sync your wearable device or manually track challenges within myWellness Tracker. Access the program portal either on your desktop or through the app.

Most challenges are 30 days, designed to create and track habits – such as your nutrition, exercise, or finances – over an entire month.

myWellness Tracker is offered in addition to Healthy Utah, giving you an opportunity to “earn more.”

## Rewards

### Earn Points – Get Cash

Points are awarded for completing challenges, helping you work towards three achievement levels. You earn \$50 for each level you reach – that’s up to \$150 each plan year! PEHP sends you (the insured employee) a check at the end of the plan year for your accomplishments. FICA tax is withheld from all payments.

PEHP Wellness rebates are still available outside of myWellness Tracker:

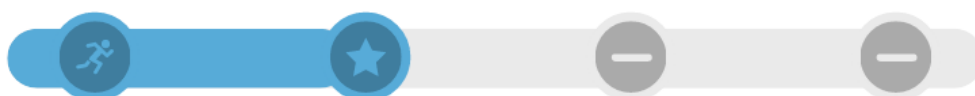
- » Know & Plan
- » Diabetes Management
- » Next Steps
- » Tobacco Cessation
- » Wee Care

TO REGISTER VISIT:

**[USBA.wellright.com](https://USBA.wellright.com)**



You have earned **1050** points!

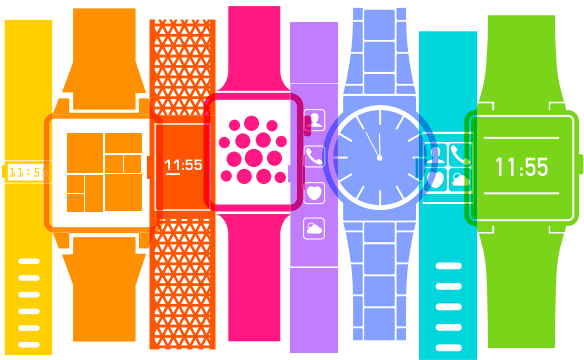




# Program Features

## Device Integration

myWellness Tracker integrates easily with wearable tracking devices and apps, such as Apple Watch, FitBit, Garmin, and more. Don't have a wearable device? Download one of the compatible, FREE apps listed in the program portal. You can also manually track your progress within the myWellness Tracker portal.



## Other Features

- » **Biometric Data** – find your biometric data from Healthy Utah testing sessions in your Health Profile
- » **Message Board** – communicate with other users within a challenge
- » **Personal Calendar** – see your progress, challenge trackers, and more!
- » **Quick Links** – access PEHP products, services, and web pages easily with one menu

## How do I access myWellness Tracker?



PEHP will send you a registration link to myWellness Tracker via email and the Message Center. Follow the link to myWellness Tracker and get started!

## Text Tracking

Don't like the idea of manually tracking with your device? Text tracking is your solution! Each challenge has daily text reminders to help you form healthy habits. You can also track your results for a specific challenge by replying to the same reminder message.

## Download the App



Don't rely on a browser for all your tracking – download the WellRight app! The app has an easy-to-use interface and quick access to your challenges and progress.



# Disability Waiver

To the extent allowed under State Law, Subscribers who are approved for long-term disability benefits under either the Public Employees Long-Term Disability Program under Utah Code Annotated Title 49, Chapter 21, or from another Employer-sponsored long-term disability program substantially similar to the Public Employees Long-Term Disability Program, are eligible to continue Coverage with PEHP until the earlier of:

1. The Subscriber no longer receiving long-term disability benefits;
2. The Subscriber's failure to make the required Payment to PEHP each month as set forth below;
3. Group cancellation of medical Coverage with PEHP;
4. The Subscriber or Subscriber's spouse reaching the first of the month in which the Subscriber or Subscriber's spouse attains the age of 65;
5. The Subscriber or Subscriber's spouse turning 65 will be eligible to continue with a PEHP-sponsored Medicare Supplement plan;
6. For subscribers and their dependents covered under a substantially equivalent long-term disability program, the date the Public Employees Long-Term Disability benefit would end pursuant to Utah Code Annotated Title 49, Chapter 21;
7. The date long-term disability benefits terminate or would terminate pursuant to Utah Code Annotated Title 49 section 21; or
8. The date medical benefits would have otherwise ended pursuant to the PEHP Medical Master Policy.

The Subscriber or the Subscriber's spouse who is younger than 65, or any other Dependents covered on the plan younger than 65, will remain eligible for PEHP Coverage until they meet one of the other criteria listed above or no longer meet Dependent eligibility criteria.

The Payment for each disabled Subscriber who qualifies for PEHP Coverage shall be 102% of the regular active Payment. Each disabled Subscriber must pay all or a portion of the monthly PEHP Payment to remain eligible for PEHP benefits as set forth below. The remainder of the monthly Payment, if any, shall be waived by PEHP. The disabled Subscriber shall pay 10% of the monthly PEHP Payment for the first year of eligibility beginning the day after the last day of actual work or last day on Family Medical Leave, 20% for the second year of disability (based off of last day worked), and 30% the third and subsequent years on disability (based on last day worked). The monthly PEHP Payment shall be set by PEHP. Notwithstanding the above percentages, if the disabled Subscriber is more than 30 days in arrears on paying money owed to the Public Employees Long-Term Disability Program, the disabled Subscriber shall pay the full monthly Payment to PEHP.

PEHP, in its sole discretion, shall determine whether another disability benefit is substantially similar to the PEHP LTD Program.







